

LAST NAME:		FIRST NAME	FIRST NAME:		Date:
What brings	you into our office?	Not accid	lent related	i	
Do you feel your condition is:		□ Improv	ing	□ Staying the same	☐ Getting worse
Have you lost time from work?			Yes	□ No	
Can you perf	orm physical work	activities?	Yes	□ No	
If no,	because of:	□ Pain		□ Weakness	□ Stress
Can you go to	o sleep without pro	blems? 🗆	Yes	□ No	
Do you awak	en because of pain	? 🗆	Yes	□ No	
Did you have	sleep problems be	fore?	Yes	□ No	
Activities of	Daily Living Ple	ase select all acti	vities which yo	u are currently experien	cing problems:
□ Seeing	□ Tasting	□ Smelling	□ Eating	□ Hearing	□ Insomnia
□ Dressing	□ Reading	□ Typing	□ Writing	□ Grasping	□ Using the toilet
□ Standing	□ Leaning	□ Walking	□ Stooping	□ Squatting	□ Loss of sexual drive
□ Bending	□ Twisting	□ Carrying	□ Lifting	□ Pushing	□ Restful sleeping
□ Sitting	□ Driving	□ Sports	□ Exercisin	g 🗆 Reclining	□ Loss of concentration
□ Irritable	□ Riding in car	□ Air travel	□ Climbing	□ Pulling	□ Changes in personality
$\hfill\Box$ Grooming	□ Pinching	□ Kneeling	□ Reaching	□ Nervous	□ Tactile feeling
⊓ Bathing	⊓ Holdina				



<u>Past Medical History</u> Please select all conditions that you have had or are currently having:

□ None	□ Other	□ Abdominal pain	□ Weight	□ Angina	
□ Anorexia	□ Anxiety	□ Aortic aneurysm	gain∕loss ☐ Arthritis	□ Asthma	
□ Bladder infection	□ Blood disorder	□ Breast lumps	□ Breast soreness	□ Bronchitis	
□ Cancer	□ Cardiovascular Dx	□Chest pain	□Chronic cough	□ Chronic sinusitis	
□ Colitis	□ Constipation	□ Convulsions	□COPD	□ Depression	
□ Dermatitis,Eczema/Rash	□ Diabetes	□ Difficulty in swallowing	□ Dizziness	□ Emphysema	
□ Endometriosis	□ Epilepsy	□Excessive thirst	□Fainting	□ Frequent	
□ General fatigue	□ Gout	□ Hand pain	□ Headache	urination □ Heart attack	
□ Heart disease	□ Heartburn/Indigestion	□ Hepatitis	□ High Blood Pressure	□ High cholesterol	
□ High PSA	□ High triglycerides	□ Hypertension	□ Irregular menstrual flow	□ Irritable colon	
□ Jaw pain	□ Kidney disorders	□ Kidney stones	□ Liver / Gallbladder Problems	□ Loss of appetite	
Loss of bladder control	□ Low back pain	□ Lung disease	□ Mental Disease	□ Mid back pain	
Muscular in coordination	□ Neck pain	□ Osteoarthritis	□ Pain in ankle or foot	□ Pain in lower leg or knee	
□ Pain in upper arm or elbow	□ Pain in upper leg and hip	□ Painful urination	□ PMS	□ Pneumonia	
□ Profuse menstrual flow	□ Prostate problems	□ Rapid heartbeat	□ Renal disease	□Rheumatiod arthritis	
□Scoliosis	□Shoulder pain	□Stroke	 Swelling/stiffness joints 	□Thyroid disease of	
□Tinnitus/ ear noises	□ Tuberculosis	□ Tumor	□ Ulcer	Visual disturbances	
□Wrist pain					



Family History	Please select all co			
□ None	□ Other	□ Abdominal pain	□ Weight Gain/loss	□ Angina
□ Anorexia	□ Anxiety	□ Aortic aneurysm	□ Arthritis	□ Asthma
□ Bladder infection	□ Blood disorder	□ Breast lumps	□ Breast soreness	□ Bronchitis
□ Cancer	□ Cardiovascular Dx	□ Chest pain	□ Chronic cough	□ Chronic Sinusitis
□ Colitis	□ Constipation	□ Convulsions	□ COPD	□ Depression
□ Dermatitis,Eczema/Rash	□ Diabetes	Difficulty swallowing	□ Dizziness	□ Emphysema
□ Endometriosis	□ Epilepsy	□ Excessive thirst	□ Fainting	□ Frequent urination
□ General fatigue	□ Gout	□ Hand pain	□ Headache	□ Heart attack
□ Heart disease	□ Heartburn/Indigestion	□ Hepatitis	□ HBP	□ High cholesterol
□ High PSA	□ High triglycerides	□ Hypertension	 Irregular menstrual flow 	□ Irritable colon
□ Jaw pain	□ Kidney disorders	□ Kidney stones	□Liver/Gallbladder problems	□ Loss of appetite
□ Loss of bladder control	□ Low back pain	□ Lung disease	□ Mental disease	□ Mid back pain
Muscular coordination	□ Neck pain	□ Osteoarthritis	□ Pain in ankle or foot	□ Pain in lower leg or knee
□ Pain in upper arm or elbow	□ Pain in upper leg and hip	□ Painful urination	□ PMS	□ Pneumonia
□ Profuse menstrual flow	□ Prostate problems	□ Rapid heartbeat	□ Renal Dx	□ Rheumatoid arthritis
□Scoliosis	□Shoulder pain	□Stroke	Swelling/stiffness of joints	□ Thyroid disease
□ Tinnitus/ ear noises	□ Tuberculosis	□ Tumor	□ Ulcer	□ Visual disturbances
□ Wrist pain				



Surgical History	<u>y</u> Plea	Please select all surgeries that you have had in the past.						Documentation
□ None □ Other		er		dominal exploration		Abdominoplasty		Abortion
□ ACL □ A Reconstruction		enoid Removal	□ Aı	☐ Angioplasty		☐ Appendectomy		Bone Fracture Repair
☐ Breast Lump ☐ B Removal		nion Removal	□ Carotid Artery Surgery		☐ Cataract Surgery			Cervical Spine Surgery
□ Cholecystectomy □		smetic Breast Irgery	□ C-Section		□ Facelift			Gallbladder Removal
☐ Gastric Bypass ☐ ☐		art Bypass Surge	ery □ H	☐ Heart Surgery		☐ Hemorrhoid Surgery		Hernia Repair
☐ Hip Joint Replacement	•	sterectomy		☐ Kidney Transplant		☐ Knee Arthroscopy		Knee Joint Replacement
•		SIK Eye Surgery	□ Li	iposuction		☐ Lumbar Spine Surgery		Mastectomy
☐ Prostate ☐ Rotator Cuff Su Removal		tator Cuff Surge	ry 🗆 Ti	MJ Surgery		Tonsillectomy		Vasectomy
□ Surgical Histo		wed: contributory						
Medications □ None	Please select a	all medications tha	t you are cur Analges		□ Antaci	ds □ Antibio	otics	
□ Antihistamines □ Anti-Inflam		nflammatory	√ □ Arthritis		□ Aspirin □ Birth Cont		ntrol	
□ Blood Pressure	□ Bone	Density	□ Cancer		□ Cholest	terol 🗆 Daily Vit	tamins	
□ Diabetes	□ Dige:	stion	□ Heart		□ Muscle	Relaxers		
□ OTC	□ Pain		□ Steroids	3	□ Thyro	oid		
<u>Allergies</u>	Please select	all items that you a	are allergic to):				
□ None	□ Other	□ Ch	nemical	□ En	vironmenta	al		
□ Food	□ Medication	□ Se	asonal					
Social History	Р	lease answer the fo	ollowing ques					
☐ Married		□ Single		□ Widowed	d	□ Divorced		□ Separated
Do you have any	children?	□ Yes □ No	If yes,	how many? _				
Do you use:		□ Tobacco	[□ Alcohol		□ Coffee		